



November 2019 – Newsletter

Our Bible Verse of the month – Colossians 4 vs 5-6. Be wise in the way you act towards outsiders; make the most of every opportunity. Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone.

November brings Thanksgiving and we are so very thankful for all our karate students and their parents. Happy Thanksgiving to all of you. We will be closed November 27th & November 28th to celebrate this wonderful holiday season.

SK T-shirt nights are November 4th & 5th
Come as you are nights are November 6th & 7th

Please remember that part of your uniform is our SK patch. If you don't have yours, please see Jan to purchase one for \$7.42. Also Kicks for Christ patches, our Christian Federation patches are available and if you are a red belt or red/stripe you should have one on your uniform. These patches are \$8.49 with tax.

A **big congrats** to Master Phil Reitberg for 25 years in martial arts!!! Thank you Phil for all you do for each and everyone of us at Standale Karate.

Every year SK joins together to help out a local family or charity. If you know a family in need, please let Jan know.

All equipment used in class (uniforms, weapons, etc). must be purchased through SK. I had someone ask why recently, the answer is easy – to support your school.

Holiday shopping ideas: t-shirts, sweatshirts, and again this year sparring gear. This includes headgear, hand pads, foot pads, mouthpiece and mouthpiece case as well as a black mesh equipment bag. They added a new color for this holiday season – neon green. See Jan for additional colors. Holiday price thru November 30th is only \$106.00. Great price, once a year opportunity. \$106 is total price including shipping & tax. If you need sparring gear, it doesn't get any better than this. See Jan to place your order.

Upcoming events in the New Year:

- Chocolate Tournament
- Kicks for Christ Tournament
- Kicks for Christ Conference

The next weapon we will be doing is the Sai. Very exciting weapon. Open to all kids green belt and above and all adults. More info to come.

GMR Says: There is nothing small in the service of God.

NOVEMBER 2019 - ALLENDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3	4 <i>T-Shirt Night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Maya T, Nicholas Z	5 <i>T-Shirt Night</i> Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	6 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 VanZytveld	7	8	9
10	11 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Livi G./Hunter B	12 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	13 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bosma/Paiten L	14	15	16
17	18 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Aiden C/Linna J.	19 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	20 Regular Class Kids: 5:30 - 6:30 Bruggink	21	22	23
24	25 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Rietberg/Visser	26 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	27 CLOSED HAPPY THANKSGIVING	28 CLOSED HAPPY THANKSGIVING	29	30

NOVEMBER 2019 - STANDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3	4	5 <i>T-Shirt Night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Remo/Ethan M	6 <i>Come as you are night</i> Weapons Class Kids & Adults 6:00 - 7:00	7 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Aaron C/Tyler K	8	9
10	11	12 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Bobby, Johnny, Keith W	13 Weapons Class Kids & Adults 6:00 - 7:00	14 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Bajema	15	16
17	18	19 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Emilia & Adrienne C	20 Weapons Class Kids & Adults 6:00 - 7:00	21 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Rick W, Jacob & Joseph L	22	23
24	25	26 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Olivia Carson/Aaron V	27 CLOSED HAPPY THANKSGIVING	28 CLOSED HAPPY THANKSGIVING	29	30