



July 2019 – Newsletter

Our Bible Verse of the month – Proverbs 13 vs 15 – Good judgment wins favor, but the way of the unfaithful leads to their destruction.

It's finally summer and now July already. To celebrate the 4th of July holiday, we are closed July 3rd & July 4th. Wishing everyone a fun and safe time.

July 10th & July 11th are Come as you are nights.

Black & Red Belt workout is July 18th at the Standale location from 6:30 – 7:30.

Black belt pre-test is July 25th @ 6:00pm in Allendale

Our family picnic is Wednesday, July 31st at Allendale Veterans Park. Bring a dish to pass and your drink. Starts at 5:45. Sign-up sheet is available now. Hot dogs will be served. Cash prize drawings for SK student kids. Your name will go into the drawing from the picnic sign-up list. See you all there.

The Black Belt test is August 24th at 9:00am at Standale. All black belts, red stripe & red belts are asked to attend. Everyone else please come as well and cheer on the students testing.

Our forms have been made for all of you to watch and practice Ki-cho 1,2,3. The eight Pal-Gwe forms and our 22 basics out of our 3 stances. This is a great learning tool. We will also be adding to this in the near future. Please check YouTube to view these forms and basics. The link to this is www.youtube.com/user/4thMaster and will take you to Master Phil's 6th Master page he has set-up for these videos.

For the months of July and August, Monday classes in Standale are suspended due to our students' vacation schedules. They will resume in September. On Monday's join GMR & Master Phil in Allendale.

GMR Says: Ask for God's guidance and then listen for his answer.

JULY 2019 - ALLENDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bruggink	2 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	3 CLOSED INDEPENDENCE DAY	4 CLOSED INDEPENDENCE DAY	5	6
7	8 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Maya T, Nicholas Z	9 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	10 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 VanZyvtveld	11	12	13
14	15 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Jack D.	16 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	17 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bajema	18	19	20
21	22 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Aiden C, Livi G	23 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	24 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bosma, Paiten L	25 Black Belt Pretest 6:00	26	27
28	29 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Rietberg/Visser	30 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	31 FAMILY PICNIC 5:45			

JULY 2019 - STANDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Jacob & Joseph L	3 CLOSED INDEPENDENCE DAY	4 CLOSED INDEPENDENCE DAY	5	6
7	8	9 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Aaron V, Remo	10 <i>Come as you are night</i> Weapons Class Kids & Adults 6:00 - 7:00	11 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Tyler K, Aaron C	12	13
14	15	16 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Bobby, Johnny, Olivia C	17 Weapons Class Kids & Adults 6:00 - 7:00	18 <i>Black & Red Belt Workout 6:30</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Josh P & Julie S, Lucian S.	19	20
21	22	23 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Emilia & Adrienne C	24 Weapons Class Kids & Adults 6:00 - 7:00	25 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Rick W	26	27
28	29	30 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Kroll, Ethan M	31 FAMILY PICNIC 5:45			