



## January 2019 – Newsletter

Our Bible Verse of the month – Micah 7:7 But as for me I watch in hope for the Lord.

Happy New Year and best wishes to all for a great 2019. Standale Karate has great plans to be the best karate year ever. To celebrate the holiday, we are closed December 31<sup>st</sup> & January 1<sup>st</sup>.

January 2<sup>nd</sup> & 3<sup>rd</sup> are come as you are nights, Standale Karate T-shirt nights are January 7<sup>th</sup> & 8<sup>th</sup>.

Black Belt/Red Stripe workout is January 3<sup>rd</sup> at SK-Standale from 6:30 – 7:30

Movie night at Living Waters church on Leonard NW on Saturday, January 12<sup>th</sup> featuring the movie Solo: A Star Wars Story. Pizza dinner at 6:00pm, movie starts at 6:30. No charge – totally free event all are invited. There is a contest for the best dressed Star Wars costume!! Join the fun!

Don't forget our family classes for kids & adults available on Mondays at Standale, Master Chris' kids class on Tuesdays at Allendale, as well as Krav Maga on Tuesdays 6:45 at Allendale and our weapons only class is on Wednesday nights for kids & adults in Standale. Also, our Saturday classes in Standale are available January 5, 12, & 19 from 9:00 – 10:30. Come join us!!!

Annual Kids Chocolate Tournament will be held on Saturday, February 2<sup>nd</sup> at SK – Allendale at 9:00 am. Chocolate medals! Everyone brings a chocolate treat to share. Cookies, brownies, cupcakes, candy etc. Sign-up sheets available. Open to all ranks and ages if you know your first form at the minimum. It is a great fun day. Cost is \$6.00 for all 3 events. \$1.00 spectator fee with all proceeds to charity.

Gun & Knife clinic is February 4<sup>th</sup> & 14<sup>th</sup> 6:00 – 7:30 at the Allendale location. \$100 for clinic and weapons. Sign up now!

Private lessons and prayers see Grand Master Rick, want to have a SK birthday party see Jan for more info.

Registration has opened for the 2019 winter games karate tournament. It will be held at West Catholic High School on February 9<sup>th</sup>. Forms, weapons, sparring. Adults & kids. Sign-up on line

Bo clinic will be held Friday, March 15<sup>th</sup> 6:00 – 7:30 at Standale location. 50" long bo (for kids) are \$28. 60" tapered bo is \$39.00. Clinic cost is \$35. Open to kids green belt and above and all adults.

GMR says: In what ways can you tank God today through simple acts of kindness?

# JANUARY 2019 - ALLENDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1  CLOSED HAPPY NEW YEAR	2 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Bajema	3	4	5
6	7 <i>T-Shirt Night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Maya T, Nicholas Z	8 <i>T-Shirt Night</i> Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	9 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Raymond V	10	11	12
13	14 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Mitch D	15 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	16 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Jack D, Livie G	17	18	19
20	21 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Rietberg/Visser	22 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	23 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Bosma	24	25	26
27	28 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Bruggink, Aiden C	29 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	30 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Paiten L	31		

# JANUARY 2019 - STANDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1  CLOSED HAPPY NEW YEAR	2 <i>Come as you are night</i> Weapons Class Kids & Adults 6:00 - 7:00	3 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Black belt/red stripe workout  Graham, Lucian S	4	5  Saturday Class 9:00 - 10:30
6	7 <i>T-Shirt Night</i> Regular Class Kids & Adults 6:00 - 7:00	8 <i>T-Shirt Night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Ebenhoe	9 Weapons Class Kids & Adults 6:00 - 7:00 Adults 6:30 - 7:30	10 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Josh P & Julie S	11	12  Saturday Class 9:00 - 10:30
13	14 Regular Class Kids & Adults 6:00 - 7:00	15 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Jacob & Joseph L	16 Weapons Class Kids & Adults 6:00 - 7:00	17 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Kroll, Ethan M	18	19  Saturday Class 9:00 - 10:30
20	21 Regular Class Kids & Adults 6:00 - 7:00	22 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Noah F, Aaron V	23 Weapons Class Kids & Adults 6:00 - 7:00	24 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Rick W	25	26
27	28 Regular Class Kids & Adults 6:00 - 7:00	29 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Bobby, Johnny	30 Weapons Class Kids & Adults 6:00 - 7:00	31 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Tyler K		