



## December 2019 – Newsletter

Our Bible Verse of the month – Hebrews 4:16 – Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

Holidays are here everyone!!! Merry Christmas and Happy Holidays to all of you. We will be closed December 24<sup>th</sup>, 25<sup>th</sup>, 31<sup>st</sup> & January 1<sup>st</sup> 2020. On Saturday December 28<sup>th</sup> from 10:00 – 11:30am in Standale there will be an extra class open to ALL students.

SK T-Shirt nights are December 2<sup>nd</sup> & 3<sup>rd</sup>. Come as you are nights are December 4<sup>th</sup> & 5<sup>th</sup>.

December 19<sup>th</sup> 6:30 – 8:00pm gun defense class in Standale led by Dojinim Bill Church. Also, that same night, same time is our black belt workout. Open to all those doing gun defense at Standale location.

SK patches are part of your uniform. Cost is \$7.42. See Miss Jan if you need one.

Please check the assistant teaching schedule every month on the backside of the newsletter. If you cannot make the date chosen for you, please with someone and let Miss Jan know.

Every year we adopt a family in need. This year it is a mom with two children. Madison (girl) is 17. Size large or ladies 14. Socks are needed. She loves doing her hair, makeup, nails. Dream is to go to cosmetology school. Son Austin is 11 years old. Size 12 or boys large. He is interested in law enforcement and the military. Mom has chronic illness and can only work part time. Had chemo treatments for lupus and still struggling with it. Just got a mobile home after living in a camper in the warmer months. Can't make bills, so asking for cash donations to help her. She is a fighter and refuses to go on disability because she hopes to someday soon be able to work full time. She had lost her hope and faith but is happy to say it has been restored in her. Please do what you can to help. Together as a group we can make a difference in their lives. Please bring a gift or cash donations for mom to either of our locations. We will setup a date to meet her and make a great happy holiday for them.

Black Belt pretest is February 8<sup>th</sup> at Standale location 9:00am. Please note the time change from 10:00am to 9:00am.

Congratulations to Mandy Remo on working very hard and attaining her Doctorate a few weeks ago!

For December we will have a private lesson special. \$35 for 1 hr each private lesson. Buy 2 get 1 free. Use anytime! Also, for prayers see GMR.

Chocolate Tournament will be February 1<sup>st</sup> @ 10:00am. Bring a chocolate treat to share. Location & details to follow. Proceeds go to a local charity to be announced.

Sai clinic is February 20<sup>th</sup> @ 6:00 – 7:30 in Allendale. Price is \$88 which includes weapon w/tax & clinic cost.

Black belt test is March 7<sup>th</sup> at Standale @ 9:00am. All black belts, red stripes and red belts should be present.

Gun & knife defense clinic will be in March. This is a black belt requirement. Open to all students. Kids must be green belt or above. More into to come in January newsletter.

GMR Says – Demonstrate God's love by cooperating with each other.

# DECEMBER 2019 - ALLENDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 <b>T-Shirt night</b> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Maya T, Nicholas Z	3 <b>T-Shirt night</b> Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	4 <b>Come as you are night</b> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  VanZyvteld	5	6	7
8	9 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Livi G./Hunter B	10 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	11 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Bosma/Paiten L	12	13	14
15	16 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Aiden C	17 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	18 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Bruggink	19	20	21
22	23 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Rietberg/Visser	24 <b>CLOSED</b> <b>MERRY CHRISTMAS</b> <b>HAPPY HOLIDAYS</b>	25 <b>CLOSED</b> <b>MERRY CHRISTMAS</b> <b>HAPPY HOLIDAYS</b>	26	27	28
29	30 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30  Linna J.	31 <b>CLOSED</b> <b>HAPPY NEW YEARS</b>	1 <b>CLOSED</b> <b>HAPPY NEW YEARS</b>			

# DECEMBER 2019 - STANDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3 <b>T-Shirt Night</b> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Remo/Ethan M/Olivia C	4 <b>Come as you are night</b> Weapons Class Kids & Adults 6:00 - 7:00	5 <b>Come as you are night</b> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Aaron C/Tyler K	6	7
8	9	10 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Bobby, Johnny, Keith W	11 Weapons Class Kids & Adults 6:00 - 7:00	12 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Bajema	13	14
15	16	17 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Emilia & Adrienne C/Aaron V	18 Weapons Class Kids & Adults 6:00 - 7:00	19 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  <b>Gun &amp; Knife/Black Belt</b> <b>Workout 6:30 - 8:00</b>  Rick W, Kaylee E	20	21
22	23	24 <b>CLOSED</b> <b>MERRY CHRISTMAS</b> <b>HAPPY HOLIDAYS</b>	25 <b>CLOSED</b> <b>MERRY CHRISTMAS</b> <b>HAPPY HOLIDAYS</b>	26 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30  Jacob & Joseph L	27	28 <b>Extra Class</b> <b>for all students</b> <b>10:00 - 11:30</b>
29	30	31 <b>CLOSED</b> <b>HAPPY NEW YEARS</b>	1 <b>CLOSED</b> <b>HAPPY NEW YEARS</b>			