



August 2019 – Newsletter

Our Bible Verse of the month – 1 Corinthians 11:1 – Paul said: “Follow my example, as I follow the example of Christ”.

Happy summer everyone! Hope you are enjoying this great time of the year.

Come as you are nights are August 7th & 8th

Kids single stick clinic is Monday, August 12th at Standale at 5:30pm. This is our first weapon and if you are not doing single stick you need to be attending. Sign-up sheet is last call.

Our Black Belt test is Saturday, August 24th at 9:00am at Standale. All Black and Red/stripes are required to attend. Please come and cheer on those who are testing.

The next Black Belt/Red Strip workout is Wednesday, September 25th at Allendale at 6:30pm.

Looking ahead: Full uniforms will be required beginning September 3rd. School patches are required on your uniform top. Cost is \$7.42 with tax. Please see Jan to purchase one.

Looking even farther ahead: Our Kids Halloween party will be Wednesday, October 30th at 6:00pm at Allendale. No classes at either location that night. Write it on your calendar and plan to attend now. All details will be in our September newsletter.

GMR says: Father give me the courage to live for what matters most.

AUGUST 2019 - ALLENDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1	2	3
4	5 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Maya T, Nicholas Z	6 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	7 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 VanZytveld	8	9	10
11	12 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Jack D.	13 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	14 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bajema	15	16	17
18	19 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Aiden C, Livi G	20 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	21 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bosma, Paiten L	22	23	24
25	26 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Rietberg/Visser	27 Regular Class Kids: 6:00 - 6:45 Krav Maga 6:45 - 7:45	28 Regular Class Kids: 5:30 - 6:30 Adults 6:30 - 7:30 Bruggink	29	30	31

AUGUST 2019 - STANDALE

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Jacob & Joseph L	2	3
4	5	6 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Aaron V, Remo	7 <i>Come as you are night</i> Weapons Class Kids & Adults 6:00 - 7:00	8 <i>Come as you are night</i> Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Tyler K, Aaron C	9	10
11	12 Single Stick Clinic 5:30	13 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Bobby, Johnny, Olivia C	14 Weapons Class Kids & Adults 6:00 - 7:00	15 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Josh P & Julie S	16	17
18	19	20 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Emilia & Adrienne C	21 Weapons Class Kids & Adults 6:00 - 7:00	22 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Rick W	23	24 Black Belt Test 9:00am
25	26	27 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Kroll	28 Weapons Class Kids & Adults 6:00 - 7:00	29 Regular Class Kids: 5:30 - 6:30 Adults: 6:30 - 7:30 Ethan M. Lucian S	30	31