

# June 2018 Newsletter

Bible Verse: Proverbs 2:6 "For the Lord gives wisdom from his mouth comes knowledge and understanding."

- Summer uniforms are in full effect from Memorial Day until Labor Day with the exception of tests. Students must wear a SK T-shirt or uniform top. If you need a t-shirt, please see Miss Jan.
- Novice sword clinic will be on June 14 at Allendale from 6:00 – 7:30pm.
- Advanced sword clinic will be on July 12<sup>th</sup> at Allendale from 6:00 – 7:30pm. This clinic is open to all who have taken the first sword clinic. Sign up sheet is available now. The cost for the clinic is \$30.
- Future weapons clinic will be cane, Bo and Gun and Knife self Defense.
- Black Belt/Red-stripe workout is Thursday, June 28 in Standale.
- Black Belt pretest is June 21<sup>st</sup> at 6:00 pm in Allendale.
- The Black Belt test is Saturday, August 25<sup>th</sup> at 9:00am in Standale.
- Please remember: all equipment and uniforms used in class must be purchased through Standale Karate.
- If you are in need of prayer or private lesson, please see Grand Master Rick.
- If any men would like to join Grand Master Rick on Tuesday mornings from 6:30 – 7:30 at Resurrection Life Church for a men's group, you are welcomed to join. We have a full breakfast, music and a speaker every other week. Anyone is welcome, you do not need to be a member of Res. Life. See GMR for any questions.
- GMR says: Mastering the fundamentals: first to be positioned in greatness, you must be ready to succeed at anything worthwhile, you must prepare yourself through education.



## Important Dates

### June 6 & 7

Come as You Are  
Sparring & Self Defense

June 14

Novice Sword Clinic  
6:00 – 7:30pm  
(Allendale)

### June 21

Black Belt Pretest  
6:00 pm  
(Allendale)

**June 27 & 28**  
Sparring & Forms

### June 28

Black Belt/Red-Stripe Workout  
(Standale)

## Upcoming Events

### July 12

Advance Sword Clinic  
July 12  
6:00-7:30pm  
Allendale

### August 25

Black Belt Test  
9:00am  
Standale

### Standale: June 2018 Schedule

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Su
				1	2	3
<b>4</b> Kids & Adults 6:00 – 7:00	<b>5</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Hamming &amp; J.T.</b>	<b>6</b> Weapons Kids&Adults 6:00-7:00	<b>7</b> <b>Come as you Are Sparring/Self Defense</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Snyder &amp; Josh</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b> Kids & Adults 6:00 – 7:00	<b>12</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Kroll &amp; Noah F.</b>	<b>13</b> Weapons Kids&Adults 6:00-7:00	<b>14</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Rick W. &amp; Graham</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b> Kids & Adults 6:00 – 7:00	<b>19</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Ebenhoe &amp; Tyler K.</b>	<b>20</b> Weapons Kids&Adults 6:00-7:00	<b>21</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>DeWitt &amp; Aaron V.</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b> Kids & Adults 6:00 – 7:00	<b>26</b> 1 <sup>st</sup> Night for Summer Uniforms Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Remo &amp; Gunnar</b>	<b>27</b> Weapons Kids&Adults 6:00-7:00	<b>28</b> <b>BB Workout Sparring/Self- Defense</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Bobby, Lucian, Johnny</b>	<b>29</b>	<b>30</b>	

### Allendale: June 2018 Schedule

Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.	Su
				1	2	3
<b>4</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Autumn, Ben &amp; Alexis V.</b>	<b>5</b> Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	<b>6</b> <b>Come as you Are Sparring/Self Defense</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Eve &amp; Lachlan</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>11</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Bruggink</b>	<b>12</b> Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	<b>13</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Bajema</b>	<b>14</b> <b>Sword Clinic</b> 6:00-7:30pm	<b>15</b>	<b>16</b>	<b>17</b>
<b>18</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Kloosterman</b>	<b>19</b> Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	<b>20</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Alberda</b>	<b>21</b> <b>Black Belt Prefest</b> 6:00pm	<b>22</b>	<b>23</b>	<b>24</b>
<b>25</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Mitch &amp; Livie</b>	<b>26</b> Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	<b>27</b> <b>Sparring/Forms</b> Kids: 5:30-6:30 Adults: 6:30-7:30 <b>Jack &amp; Emma D.</b>	<b>28</b>	<b>29</b>	<b>30</b>	