



July 2018 Newsletter

Verse of the Month: Proverbs 11:27 "Whoever seeks good finds favor, but evil comes to one who searches for it."

- Happy 4th of July to everyone! Please have a fun, safe week. **We will be closed July 4th and 5th.**
- Our SK Family Picnic will be Wednesday, **July 25th** at the same location as always - Veterans Park in Allendale (corner of 68th and Lake Michigan Drive). We provide plates, tableware, hot dogs, and buns. You provide your drink, and a dish to pass. Sign up with Jan. As always, there will be cash drawings for the kid students!
- At our Standale location, the large lot at the corner of Kinney and Lake Michigan Dr. is under construction. Parking is still available to use as well as our back lot and utilization of the back entrance to SK.
- **July 11th & 12th:** Come as You Are, Sparring and Forms.
- **July 23rd & 26th:** Sparring, Self-Defense, Gun & Knife, 360 defense.
- The advanced sword clinic is **July 12th** at SK - Allendale from 6:00 - 7:30 pm. It is open to all who took sword 1 clinic. There is still time to sign up!
- Black and Red Stripe workout is **July 26** at SK - Standale.
- The Black Belt test is Saturday, **August 25th**, 9:00 am in Standale. Please plan to attend. All BB and RS are required to attend.
- Remember that all uniforms and equipment used in class must be purchased through SK or it will not be allowed to be used at our school.
- With summer in full swing, many kids/adults enjoy some outdoor activities barefooted. Please be cautious of having clean feet coming to classes. We appreciate your cooperation.
- GMR says: What you do today can improve all your tomorrows - Ralph Marston

Standale: July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Kids & Adults 6:00 – 7:00	3 Kids: 5:30-6:30 Adults: 6:30-7:30 Hamming & J.T.	4 No Classes	5 No Classes	6	7	8
9 Kids & Adults 6:00 – 7:00	10 Kids: 5:30-6:30 Adults: 6:30-7:30 Kroll & Noah F.	11 Weapons Kids & Adults 6:00- 7:00	12 Come as you Are Sparring/Forms Kids: 5:30-6:30 Adults: 6:30-7:30 Snyder & Josh	13	14	15
16 Kids & Adults 6:00 – 7:00	17 Kids: 5:30-6:30 Adults: 6:30-7:30 Ebenhoe & Tyler K	18 Weapons Kids & Adults 6:00- 7:00	19 Kids: 5:30-6:30 Adults: 6:30-7:30 Rick W. & Graham	20	21	22
23 Kids & Adults 6:00 – 7:00	24 Kids: 5:30-6:30 Adults: 6:30-7:30 Remo & Gunnar	25 Family Picnic At Veterans Park	26 BB Workout Sparring/Self Defense/G&K 360 Defense Kids: 5:30-6:30 Adults: 6:30-7:30 DeWitt & Aaron V	27	28	29
30 Kids & Adults 6:00 – 7:00	31 Kids: 5:30-6:30 Adults: 6:30-7:30 Bobby, Lucian, Johnny					

Allendale: July 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2 Kids: 5:30-6:30 Adults: 6:30-7:30 Autumn, Ben & Alexis V.	3 Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45.	4 No Classes	5 No Classes	6	7	8
9 Kids: 5:30-6:30 Adults: 6:30-7:30 Bruggink	10 Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	11 Come as you Are Sparring/Forms Kids: 5:30-6:30 Adults: 6:30-7:30 Eve & Lachlan	12 Advanced Sword Clinic 6:00 - 7:30 pm	13	14	15
16 Kids: 5:30-6:30 Adults: 6:30-7:30 Kloosterman	17 Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	18 Kids: 5:30-6:30 Adults: 6:30-7:30 Bajema	19	20	21	22
23 Sparring/Self Defense/G&K 360 Defense Kids: 5:30-6:30 Adults: 6:30-7:30 Mitch & Livie	24 Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45	25 Family Picnic At Veterans Park	26	27	28	29
30 Kids: 5:30-6:30 Adults: 6:30-7:30 Jack & Eve	31 Kids: 6:00 – 6:45 Adult Krav Maga: 6:45-7:45					